## Magick & a Guide to Triggers

"Remember that everyone you meet is afraid of something, loves something, and has lost something."

Due to to the explicit nature of this post, I have no choice but to label this with a giant TRIGGER WARNING, state that I do NOT condone BREAKING THE LAW in any way, shape or form or bringing HARM TO ANY NON-CONSENTING PERSONS OR ANIMALS. Nor am I promoting ILLEGAL SUBSTANCE USE, RECKLESS or SELF-INJURIOUS BEHAVIOR.

THE GRADES OF THE A.'.A.'. AND REFERENCE TO THELEMA ARE ONLY USED HERE FOR REFERENCE TO THE SPHERES/PATHWORKING AND NOT MEANT TO BE ASSOCIATED WITH THE BEHAVIORS, SUBSTANCES, OR TENDENCIES LISTED BELOW.

NOTHING WRITTEN BELOW IS MEANT IN ANY WAY TO ACCUSE AND/OR SHAME INDIVIDUALS OR GROUPS as this is for reference and any similarity to persons living or dead, including the compiler of this list, the present reader, and Big Brother ARE PURELY COINCIDENTAL.

Read and/or use at your own risk.

I believe there is some merit in the technique of "fetishizing" your ego-fears and "de-fetishizing" your ego-wants as a type of equillibrium. This essay deals heavily with LHP oriented archetypes, both subtle and obvious. The more clearly and calmly a magician can articulate the origins of fear, the less fears will frighten and control them. The key is balance in "fetishizing" but also not letting a paraphilia control your actions by seeking it out as a want.

Transforming a fear into an aspect of sexuality has great potential to heighten the sexual experience; given the nature of some of these deepseated ego fears, a lot of this work will have to be accomplished in the astral plane or by sex magick. Pleasure in life is all about reaching varying degrees in which you come close to consuming (apotheosis) all that you can and being consumed (henosis) by all that is. The ideas that frighten us also arouse us because these inclinations are hints towards Unity; the formula LAShTAL.

Paraphilias (or lack/disgust thereof) are therefore indicators of which fears we have the most by how repulsive we feel they are. These fears are attributed to the qliphotic counterparts of the sephirot to be used as reference.

Listed below are "Keys" aka shortcuts or triggers to evoking the psychological components to each sephira. These shortcuts are neutral in the sense that they can bring the individual either closer to spiritual attainment in the form of gnostic visions/understanding or qliphotic manifestations that the student now needs to work through, depending on one's "starting point." Most people have some sephirot that they "naturally" gravitate to in either positive or negative forms due to their past experiences and reinforcement. The important thing to remember is that even a fearful/reactionary response that arises due to these keys is a beneficial one; more beneficial than "feeling nothing," which indicates that the individual is probably residing in the gateway of Da'ath and has become adept at being unaware of their own ego's defense mechanism (indifference, apathy, dissociation with the ego for fear of being hurt).

After the trigger/key has produced a reaction, the individual then identifies the ego-response (pertains to both ego-fears/ego-wants), and can choose to utilize whichever system he feels is appropriate. By understanding the reaction, one can work towards equilibriating his sephirotic/qliphotic balance, by surpressing the ego or nourishing it. This step after identification is to objectify the reaction to something other than your own processes/yourself/your ego for the sake of more objective observation/understanding, and banishing or invoking. E.g. if one were to utilize Goetia, he would find the demons corresponding to the path/sephira in question and devise a ritual to evoke and banish them.

The format is as follows. Compare the Attainments with ego wants for interesting insights!

# Chemognosis/Tantric Keys [ Vision vs. Qliphoth. ] Types of ego-fears/ego-wants & Associated Paraphilias:

# • (Kether) 10=1 Ipsissimus

Keys (Kether, Chokmah, Binah): {Eighth Circuit: Psychoatomic/Quantum non-local} DMT, high doses of LSD, high does of Salvia divinorum, high but sub-anesthetic doses of ketamine.

"Is beyond all this and beyond all comprehension of those lower grades."

Attainment: Union with God.

Ego qualities: Dual contending forces- Thaumiel. "Fear" of Falsehood.

# • (Chokmah) 9=2 Magus

"Attains to wisdom, declares his law and is a Master of all Magick in its greatest and highest sense."

### Attainment: Vision of God.

Ego qualities: *Hinderers- Ghagiel*. Mirrored Yesod; "fear" of separation of the mind/reality- Insanity. "Want" clarity/cohesion.

# • (Binah) 8=3 Magister Templi

"His principal business is to tend to his 'garden' of disciples, and to obtain a **perfect understanding of the Universe**. He is a Master of Samadhi."

## Attainment: Vision of Wonder.

Ego qualities: Concealers- Satariel. Mirrored Hod; "fear" of the loss of integrity to the mind/soul. "Want" Glamour.

## • (Chesed) 7=4 Adeptus Exemptus

"Completes in perfection all these matters. He then either (a) becomes a Brother of the Left Hand Path or (b) is stripped of all his attainments and of himself as well, even of his Holy Guardian Angel, and becomes a Babe of the Abyss, who, having transcended the Reason, does nothing but grow in the womb of its mother."

Keys: {Seventh Circuit: Neurogenetic/Morphogenetic} Regular doses of LSD, higher doses of peyote/psilocybin, yoga, meditation, uninhibited homosexual sex.

"This circuit is the connection of the individual's mind to the whole sweep of evolution and life as a whole. It is the part of consciousness that echoes the experiences of the previous generations that have brought the individual's brain-mind to its present level....The collective unconscious, where archetypes reside."

### Attainment: Vision of Love.

Ego qualities: Breakers in Pieces- Gha'agsheklah. Fear of extinction, annihilation: ceasing to exist. E.g. fear of heights, falling. --Want: immortality, heritage, resources for preserving health, money, lineage, fame.

Associated Paraphilias: Asphyxiation/strangulation, being in life-threatening situations, bleeding oneself, criminals for cruel or outrageous crimes, giants/giantesses, transexuals/transvestites, self-mutilation, fire, being raped, monstrous people, cuckoldism, vorarephilia/being eaten, enemas.

# • (Geburah) 6=5 Adeptus Major

"Obtains a general mastery of practical magick, though without comprehension."

Keys: {Sixth Circuit: Neuroelectric/Metaprogramming} Low to moderate doses of LSD, moderate doses of peyote and psilocybin mushrooms. Uninhibited heterosexual sex.

"This circuit is concerned with re-imprinting and re-programming all earlier circuits and the relativity of 'realities' perceived. The sixth circuit consists of the nervous system becoming aware of itself."

Attainment: Vision of Power.

Ego qualities: Burners- Golachab. Fear of fear: anxious feeling, caused by our own anticipation of some imagined events or experience. Info given to back to us of our own psychobiological status. --Want: to be fearless, capable of anything including destroying own self.

Associated Paraphilias: Rape, cannibalism, tears/crying, murder, drinking/looking at blood, firearms/guns, tiny beings, piercing the flesh of another person, soiling or dirtying others, zoosadism/inflicting pain in animals, feeding/weight gain.

# • (Tiphareth) 5=6 Adeptus Minor

"Let the Adeptus Minor attain to the **Knowledge and Conversation of his Holy Guardian Angel.**"

Keys: {Fifth Circuit: Neurosomatic} Cannabis, Hatha Yoga, tantra (prolonged sexual play without orgasm), autosexuality, Zen meditation.

"The fifth circuit is consciousness of the body. There is a marked shift from linear visual space to an all-encompassing aesthetic sensory space. Perceptions are judged not so much for their meaning or utility, but for their aesthetic qualities. Experience of this circuit often accompanies a hedonistic turn-on, a rapturous amusement, a detachment from the previously compulsive mechanism of the first four circuits."

# Attainment: Vision of the Harmony of Things, Rebirth.

Ego qualities: Disputers- Thagiriron. Fear of ego death: fear of humiliation, shame, threats to integrity, loss of self, the shattering or disintegration of one's own constructed sense of livability, capability, or worthiness. Includes the fear of failure; the shattering of our perceptions of ourselves and our perceptions of what people think we are. Results in insecurity. --Want: external justification of their own perceptions of themselves. security in life accomplishments. to prove themselves to the world. To make it a better place.

Associated Paraphilias: Being on stage or on camera, stealing, public humiliation, masochism, sadism, poetry, music, obscene words/telephone calls, corpses/necrophilia, exposing one's penis, sleeping/unconscious people, beastiality/zoophilia.

# • (Netzach) 4=7 Philosophus

"He shall in every way **establish perfect control of his devotion** according to the advice of his Dominus Liminis, for that the ordeal of advancement is no light one."

Keys: {Fourth Circuit: Domestic/Socio-sexual} Sexual pleasure, being a consensual submissive for BDSM (bondage, sensory deprivation); entactogens (MDMA).

"This fourth circuit is imprinted by the first orgasm-mating experiences and tribal morality. It is concerned with sexual pleasure instead of sexual reproduction, local definitions of 'moral' and 'immoral' and cultural values.

# Attainment: Vision of Beauty Triumphant.

Ego qualities: Dispersing Ravens- A'arab Zaraq. Fear of the loss of autonomy: Fear of intimacy, committment, being immobilized both physically or mentally, paralyzed, eveloped, overwhelmed, trapped, being controlled by circumstances beyond our control.--Want: control, means of escape, distractions, sense of intimacy and happiness, delusions, drugs.

Associated Paraphilias: Exhibitionism, rubbing against a non-consenting person, idealization of heterosexuality, wearing clothing emblematic of one's own sex, menstruation, voyeurism, olfactophilia, dendrophilia/trees (phallus worship).

## • (Hod) 3=8 Practicus

"He shall in every way **establish perfect control of his wit** according to the advice of his Philosophus, for that the ordeal of advancement is no light one."

Keys: {Third Circuit: Symbolic/Neurosemantic-dexterity} Debating with others superior to oneself, being a consensual submissive for BDSM (humiliation, degradation play, crossdressing). Stimulant drugs; amphetamines, cathinones, cocaine, caffiene.

"This circuit is imprinted by human symbol systems. It is concerned with language, handling the environment, invention, calculation, prediction, building a mental 'map' of the universe, and physical dexterity."

Attainment: Vision of Splendour; Ezekiel.

Ego qualities: Deceivers- Samael. Fear of the loss of bodily structure, invasion, loss of integrity of organs, parts, natural functions. Includes anxiety about animals and insects.--Want: perfection, to fit ideals, image, protection against diseases/assault.

Associated Paraphilias: People with imparied mobility, statues/mannequins, machines/cyborgs/androids, amputations, people with disabilities, feces/coprophilia, diapers, vomit, flatulence, mucus, dirtiness, being crawled on by bugs, elderly people, urolagnia/watersports, oculolinctus/licking eyeballs.

# • (Yesod) 2=9 Zelator

"He shall in every way **establish perfect control of his Automatic**Consciousness according to the advice of his Practicus, for that the ordeal of advancement is no light one."

Keys: {Second Circuit: Emotional/territorial} Being a consensual dominant/submissive for BDSM. Alcohol, barbituates, benzodiazepines.

"The emotional-territorial circuit is imprinted in the toddler stage. It is concerned with domination and submission."

Attainment: Vision of the Machinery of the Universe.

Ego qualities: Obscene Ones- Gamaliel. Fear of separation: fear of abandonment, rejection, non-connectedness. E.g. jealousy. --Want: meaning in life, family, partners to cling to, religion, to be popular, liked.

Associated Paraphilias: Pain involving an erogenous zone, attraction by young men to older women/young women to older men, image of oneself in the form of an infant/child, turning a human being into a piece of furniture, pedophilia, breast milk.

# • (Malkuth) 1=10 Neophyte

"He shall in every way **fortify his body** according to the advice of his Zelator, for that the ordeal of advancement is no light one."

Keys: {First Circuit: Oral/Biosurvival} Comfort foods; sedatives
(alcohol), opiods (morphine, heroin).

"This circuit is concerned with nourishment, physical safety, comfort, and survival. It is imprinted early in infancy and will last for life, unless re-imprinted by a powerful experience. Depending on the nature of the imprint, the organism will tend towards one of two basic attitudes: trust or suspicion."

# Attainment: Vision of the Holy Guardian Angel.

Ego qualities: The Woman- Lilith. No fear. Anger/denial/avoidance.-- Want: to be secure, comfortable, consistently cared for, to have all needs met.

Associated Paraphilias: Image of one's self in the form of a plush or anthropomorphized animal, being a vampire/mythological creature, particular body shapes or sizes, specific inanimate objects, partialism (includes hair, noses, armpits), feet, non-living objects.